

Hospice Care • Supportive Care • Care Companions • Grief and Education Center • Resale Shoppe, LLC

FOR IMMEDIATE RELEASE

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Unity Announces \$2,500 Grant Awarded by The Door County Community Foundation to Fund Unity's Grief Support Group held at ADRC of Door County

Unity is pleased to announce a \$2,500 grant award by The Door County Community Foundation on behalf of the Mental Health Support Fund to cover costs related to Unity's *Understanding Grief Group*, offered monthly at the ADRC of Door County.

"A heartfelt thank you to The Door County Community Foundation. This funding enables Unity to offer residents of Door County who are grieving a safe place to connect with others as well as learn coping tools and insights as they navigate their personal journey through grief," says Unity Grief Services Director Jenny Boeckman. "This initiative aligns with the mission of Door County Government to protect the people, economic vitality, and environment by promoting mental health awareness, supporting mental health education, and providing mental healthcare for people in Door County. Grief support reduces social isolation, invites connection, and gives individuals the tools they need to thrive. By investing in and offering grief support for those in the county, residents are made stronger, in turn making the community stronger. "

Unity's *Understanding Grief Group* meets the last Wednesday of each month from 1:00-2:30 pm at the ADRC of Door County, 916 N. 14th Ave, Sturgeon Bay. Staffed by a licensed grief counselor, this group creates an open, safe space where those grieving can share experiences, connect with others who are grieving, learn about grief, find hope and ways to cope. Unity's Paw of Comfort pet therapy dogs are present at the end of the group to provide comfort to group members. Registration is required by calling Unity Grief and Education Center at 920-339-6700 or emailing griefcenter@unityhospice.org. There is no charge to attend and everyone is welcome.

920.338.1111 or 800.990.9249 • WWW.UNITYHOSPICE.ORG

About Unity Grief and Education Center

Established in November 2021, Unity Grief and Education Center is the first-of-its-kind facility in Northeast Wisconsin offering grieving individuals of all ages a safe haven to learn about grief, share experiences, and find hope.

Located at 2079 Lawrence Drive, Suite B, De Pere, Unity Grief and Education Center features dedicated counseling rooms to accommodate adults, children, and families in need of grief support, as well as a large room for education and public outreach. The Center is staffed by Unity's experienced Grief Services team consisting of licensed counselors, social workers, and trained volunteers. Recognizing that every individual grieves in a unique way, Unity offers a wide variety of services to anyone who has experienced a death including:

- Individual grief counseling
- Family grief counseling
- Grief groups for children, teens, families, and adults
- Supportive telephone calls or virtual meetings
- Memorial services
- Newsletter and literature resources
- Holiday support
- Grief consultation for businesses and schools

Generous donations allow Unity Grief and Education Center to offer compassionate support at no charge. For more information about Unity Grief and Education Center, call (920) 339-6700 or visit unityhospice.org/grief-support.