Clinical Trial Aims to Reduce Sleep Problems Among Cancer Survivors

Green Bay – Sleep problems are a commonly reported side effect of cancer treatment in patients. In its efforts to continue to improve the quality of life of local cancer patients, HSHS St. Vincent Cancer Research Institute is offering a clinical trial that tests three possible treatments for insomnia among cancer survivors.


Any classes or testing that require in-person attendance for the clinical trial will be held at HSHS St. Vincent Hospital Cancer Centers, located inside HSHS St. Vincent Hospital, 835 S. Van Buren St. in Green Bay. Cancer survivors who wish to participate must be 18 or older and meet certain requirements. Those interested should call HSHS St. Vincent Cancer Research Institute at (920) 433-8889, email CRI@hshs.org or visit: www.stvincenthospital.org/cancer

Testing Yoga, Survivorship Health Education, and Cognitive Behavioral Therapy for Insomnia in Cancer Survivors was created by the University of Rochester Cancer Center – a research base funded by the National Cancer Institute Community Oncology Research Program (NCORP). Approximately 630 cancer patients across the United States will take part in the study.

###

About HSHS St. Vincent Cancer Research Institute
HSHS St. Vincent Cancer Research Institute works directly with the National Cancer Institute to bring people in the Northeast Wisconsin region access to the newest, leading-edge cancer clinical trials, treatment and prevention studies. For more information, click here.

About Hospital Sisters Health System
Hospital Sisters Health System’s (HSHS) mission is to reveal and embody Christ’s healing love for all people through our high quality, Franciscan health care ministry. HSHS provides state-of-the-art health care to our patients and is dedicated to serving all people, especially the most vulnerable, at each of our 15 Local Systems and physician practices in Illinois (Breese, Decatur, Effingham, Greenville, Highland, Litchfield, O’Fallon,
Shelbyville and Springfield) and Wisconsin (Chippewa Falls, Eau Claire, Oconto Falls, Sheboygan, and two in Green Bay). HSHS is sponsored by Hospital Sisters Ministries. For more information about HSHS, visit [www.hshs.org](http://www.hshs.org). For more information about Hospital Sisters of St. Francis, visit [www.hospitalsisters.org](http://www.hospitalsisters.org).