Dry Needling Presentation and Demonstration for Runners
Thursday, April 25 at Run Away Shoes in Green Bay

Green Bay – Prevea Health will host a free presentation and demonstration on dry needling for runners at Run Away Shoes in Green Bay on Thursday, April 25.

The presentation, led by Tom Krahn, DPT, LAT, physical therapist at Prevea Health, will include:

- The differences between dry needling, acupuncture and tendon fenestration
- The benefits of dry needling to help a runner’s flexibility, strength, form and injury prevention
- A live demonstration of dry needling on a thigh and calf
- Q & A session about dry needling and running shoes

Event Details
- 6 to 7 p.m.
- Thursday, April 25
- Run Away Shoes, 2901 Ramada Way, Green Bay

Pre-registration for this event is requested and can be done so by calling Run Away Shoes at (920) 884-2989 or visiting: www.prevea.com/Events
**About Prevea Health**

Founded in Green Bay, Wis. in 1996, Prevea Health is a health care organization that provides high-quality, primary and specialty health care in 80+ locations across northern, eastern and western Wisconsin in clinic and hospital settings. It is partnered with six Hospital Sisters Health System (HSHS) hospitals across Wisconsin to provide patients a system of highly-coordinated care, close to home: HSHS St. Vincent Hospital and HSHS St. Mary’s Hospital Medical Center in Green Bay; HSHS St. Nicholas Hospital in Sheboygan; HSHS St. Clare Memorial Hospital in Oconto Falls; HSHS Sacred Heart Hospital in Eau Claire; and HSHS St. Joseph’s Hospital in Chippewa Falls. For more information, visit [www.prevea.com](http://www.prevea.com).