Joan Benoit Samuelson
Pioneer and Advocate for Women in Running

GREEN BAY – Thursday, June 6, 2019 | As the Green Bay community gears up for the Bellin 10K Run, join us for an extra special presentation from 12:00 p.m. – 1:00 p.m. featuring Joan Benoit Samuelson! Joan will be sharing her inspirational story of strength and empowerment as the first woman to win the inaugural women’s Olympic marathon in 1984. This event is FREE, open to the public and includes refreshments at YWCA Greater Green Bay.

Joan Benoit has won Green Bay’s iconic 10K four times in the 1980s and 90s and has won some of the sport’s most legendary races, including the Boston Marathon and the Chicago Marathon. For decades, it was assumed women were too fragile to complete—much less meaningfully compete in—the 26.2 mile distance. In 1984 Benoit ran a blistering 2:24:52 to bring home the gold and usher in a new era for female distance running.

The YWCA and Bellin Health are teaming up to provide fitness apparel to those in need. We will be accepting new or gently used running apparel and shoes during this event. A drop of box will be located outside the auditorium.

In Partnership with:

The YWCA is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all, and for 100 years we have been making a difference in this community.