

**CAREER CLUSTERS:**

**Human Services**

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**Counselor/Certified Eating Disorder Specialist**

**Position description:**
This position is about supporting clients’ eating disorder recovery from a mental, emotional, and behavioral perspective. Counselors engage in individual therapy sessions, family sessions, and lead recovery-focused groups. They use a combination of intelligence and compassion to help people of all ages create a better quality of life.

**Related high school course work:**
Psychology, Biology, Statistics, Social Sciences, Health Education

**Necessary education preparation:**
Bachelor’s Degree Master’s Degree in Counseling CEDS Certification (about 2 years)

**Average Pay:**
Salary: $40,000-$55,000/year
Hourly Rate: $20-$26/hour

**Necessary skills:**
Communication, Compassion, Critical Thinking, Teamwork, Problem Solving, Patience, Flexibility, Understanding, Creativity

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**Certified Eating Disorder Registered Dietitian**

**Position description:**
This position is about supporting clients’ eating disorder recovery from a nutritional perspective. Dietitians calculate the exact energy needs of a person’s body at a given age and activity level. They help people with disordered eating habits understand how to care for their bodies nutritionally and stop fearing food.

**Related high school course work:**
Biology, Psychology, Algebra, Chemistry, Statistics, Health Education

**Necessary education preparation:**
Bachelor’s Degree Master’s Degree in Dietetics CEDRD Certification (about 2 years)

**Average Pay:**
Salary: $42,000-$65,000/year
Hourly Rate: $21-$32/hour

**Necessary skills:**
Collaboration, Communication, Critical Thinking, Problem Solving, Customer Service, Time Management, Compassion, Patience, Flexibility

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**Psychiatrist**

**Position description:**
This position manages medication for individuals pursuing recovery from an eating disorder and other mental illnesses. They find the ideal balance between main effect and side effects of psychiatric drugs to help people increase their quality of lives.

**Related high school course work:**
Biology, Chemistry, Psychology, Statistics, Health Education

**Necessary education preparation:**
Bachelor’s Degree Doctor of Medicine (MD) Residency (about 3-8 years)

**Average Pay:**
Salary: $178,000-$270,000/year
Hourly Rate: $89-$135/hour

**Necessary skills:**
Collaboration, Communication, Critical Thinking, Problem Solving, Time Management, Compassion, Patience, Creativity