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New episode of *Plug in to Health* features special guest, Aaron Rodgers

Available now on all major podcasting platforms and at prevea.com/podcast

Green Bay, Wis. – Prevea Health announces the newest episode of its podcast [Plug in to Health](http://prevea.com/podcast) featuring pro-football player, Aaron Rodgers.

The episode, *Off the field, on the mic with Aaron Rodgers*, is available for download now on Plug in to Health which can be found on all major podcasting platforms and at www.prevea.com/podcast. There is no cost to access this podcast.

Aaron, a longtime partner of Prevea Health and Dr. Ashok Rai, President and CEO of Prevea Health joined Plug in to Health host Angela Deja for a discussion about life amidst the COVID-19 pandemic, Aaron's words of encouragement to all during this time, and the ways in which he works to stay healthy physically and mentally.

Plug in to Health was launched by Prevea Health in January 2020. In addition to the newest episode featuring the star quarterback, the podcast also features episodes that navigate multiple other aspects of health with medical experts from throughout the Prevea family. This includes episodes focused on staying healthy amidst the pandemic and much more. Listeners are also encouraged to submit suggestions and ideas for future episodes and can do so by visiting www.prevea.com/podcast.

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About Prevea Health

Founded in Green Bay, Wis. in 1996, Prevea (pra'VAY'uh) Health is a health care organization that provides high-quality, primary and specialty health care in 100+ locations across Northern, Eastern and Western Wisconsin in clinic and hospital settings. It is partnered with six Hospital Sisters Health System (HSHS) hospitals across Wisconsin to provide patients a system of highly-coordinated care, close to home: HSHS St. Vincent Hospital and HSHS St. Mary's Hospital Medical Center in Green Bay; HSHS St. Nicholas Hospital in Sheboygan; HSHS St. Clare Memorial Hospital in Oconto Falls; HSHS Sacred Heart Hospital in Eau Claire; and HSHS St. Joseph's Hospital in Chippewa Falls. For more information, visit www.prevea.com.