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**Prevea Health provider named
Wisconsin's Physical Therapist of the Year**
Trista Larson, DPT, CFMT, recognized by APTA Wisconsin

Green Bay – Prevea Health is pleased to recognize [Trista Larson, DPT, CFMT](#), as she was recently named *2020 Wisconsin Physical Therapist of the Year* by the American Physical Therapy Association (APTA) Wisconsin.

Trista cares for patients at the Prevea East De Pere Health Center, 3860 Monroe Rd. in De Pere. She provides evaluation and treatment of orthopedic conditions and abdominal, back and neck pain; and specializes in manual therapy and visceral mobilization.

“Trista is an incredibly valuable asset to our team, and is very deserving of this award,” says Megan Pfarr, Director of Therapy Services at Prevea Health in Eastern Wisconsin. “She is a constant, steady source of advocacy for her patients and their function, and for the benefit of physical therapy care overall. She seeks an innovative solution for each person.”

According to APTA Wisconsin, physical therapists and physical therapist assistants are nominated for the annual Wisconsin Physical Therapist of the Year award by their patients and peers. The award is presented to the therapist who demonstrates compassion, a high level of skill and professionalism.

“I take the time to actively listen to my patients, so I can gain a sense of who they are as an individual and understand the root cause of their symptoms,” says Trista. “I put the needs of each patient first and strive to empower them through education about their condition. Working together, we identify a customized plan so we can treat or manage the disease in a way that works best for their individual lifestyle.”

Trista holds a doctorate in physical therapy degree from Mayo Clinic and is a Certified Functional Manual Therapist. She will be recognized during a virtual APTA Wisconsin event later this month.

APTA Wisconsin, headquartered in Madison, represents more than 2,600 physical therapists (PTs), physical therapist assistants (PTAs), and students of physical therapy. APTA Wisconsin seeks to improve the health and quality of life of Wisconsin residents by advancing physical therapist practice, education, and research, and by increasing the awareness and understanding of physical therapy's role in healthcare. APTA Wisconsin's leadership consists of a Board of Directors, Committees, Special Interest Groups and Task Forces. To learn more, visit: www.aptawi.org

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About Prevea Health

Founded in Green Bay, Wis. in 1996, Prevea Health is a health care organization that provides high-quality, primary and specialty health care in 80+ locations across Northern, Eastern and Western Wisconsin in clinic and hospital settings. It is partnered with six Hospital Sisters Health System (HSHS) hospitals across Wisconsin to provide patients a system of highly-coordinated care, close to home: HSHS St. Vincent Hospital and HSHS St. Mary's Hospital Medical Center in Green Bay; HSHS St. Nicholas Hospital in Sheboygan; HSHS St. Clare Memorial Hospital in Oconto Falls; HSHS Sacred Heart - Hospital in Eau Claire; and HSHS St. Joseph's Hospital in Chippewa Falls. For more information, visit www.prevea.com.